

## PB-004-003303

Seat No.

# M. P. Ed. (Sem. III) (CBCS) Examination

June / July - 2018 Sports Medicine (New Course)

Faculty Code: 004

Subject Code: 003303

Time :  $2\frac{1}{2}$  Hours] [Total Marks : 70

Understanding the Importance of Eating for the Athlete,
explained the meaning of dietary diet.

### OR

- 1 Explain the meaning, type, method and benefits of Malish. 15
- 2 Explain the preventive measures to prevent injuries 15 in sports.

#### OR

- 2 Game Explanation of Definition, Definition and Modern 15 Concepts Explain in Sports Important.
- 3 Jiv Shakti Explain how energy is produced in the body 15 (bio-energetic).

#### OR

- 3 Tell the details about the artificial power-enhanced medicines set by the World Anti-Doping Agency.
- 4 What is the primary treatment? The name of various 15 injuries occurring during the game, and the removal of bone and bone Reveal the first treatment of dislocation,

OR

- 4 Explain the preventive measures to prevent wounds in sports. Explain first aid in reghabilitation.
- 5 Short note: (Any Two) 10
  - (1) Hydrotherapy
  - (2) Gene doping process (Process of Genedoping)
  - (3) Impact on smoking and sports of honeybees.
  - (4) Junk (Dislocation)